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Title  
**PROPOSED NEW DESIGN AND IMAGE OF FITNESS LEISURE CENTRE FOR  
RAKAN MUDA CLUB BUKIT KIARA, KUALA LUMPUR**

Accepted as to fulfill the requirement to attain the  
Diploma in Interior Design

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## ABSTRACT

Approachness of Kementerian Belia and Sukan to expand Rakan Muda Programme of *Fitness Leisure Centre* for communities especially teenagers. This report is mainly regarding proposed new interior design scheme of *Fitness Leisure Centre* at Bangsar South The Village, Kerinchi Kuala Lumpur for Rakan Muda Club Bukit Kiara.

The purposed is to build new centre for communities to do their leisure and fitness activities. The Aim is to attract the communities especially teenagers to come and exercise or leisurely visit at the *Fitness Leisure Centre*. The Research Methodology that have been used is regarding to the client's need, questionnaire, internet, books, and the problems from current *Fitness Centre*. The case study also have been made at *True Fitness*, and *Fitness First Wisma Spk Kl*. From that case study, the disadvantages, advantages and facilities have been compared.

The *Fitness Leisure Centre* was conceptualized as a *Inspired by Nature* and the image is *modern look with nature elements*. The concept is suitable to this project because the element of nature such as water feature, stone and pebbles, landscape and skylight will give the guests sense of freshness, nature, and relaxing mind that related to their health. The special of this project is all the activities and surrounding are not same concept and image with current *Fitness Centre*. It is because this project will give the guests new perspectives in experiencing the nature inspired surrounding and multi-facilities in *Fitness Leisure Centre*.

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